



# **Diné College**

## **Summer Research Enhancement Program**

### **In Public Health and Health Research**

**Student Presentations**  
**June 16, 2017**  
**NHC 3<sup>rd</sup> Floor Conference Room**  
**Diné College-Tsaile**

The SREP Program prepares American Indian students for careers in public health and disease prevention research. It is also designed to strengthen the research capabilities of Tribal Colleges and Universities. SREP students are trained to develop research skills and to prepare for community based projects within the Navajo Nation and surrounding Native communities.

The presentations this morning describe the students' class assignment to select a community, describe and assess the needs of the community through available data sources, plan a community public health program to meet local needs, and design an evaluation plan for the program.

8:30

#### **Welcome**

Mark Bauer, Heather Dreifuss, Jamie Wilson, Rene Begay  
*SREP Instructors/Staff*

8:40-9:05

#### **Chinle Community**

*Chinle Youth Obesity & Diabetes*

By Mykala King, Alphajoy Smith, and Parvannah Lee

This program focuses on preventing and overcoming childhood obesity in Chinle, AZ through physical activity and education that includes hands-on gardening classes involving children and adolescents.

9:05-9:30

#### **Shiprock Community**

*Diabetes in Adults*

By Jeri Garfield, Shawntel Yessilth and Jordin Aguilar

This program focuses on a public health campaign aimed at preventing type II diabetes utilizing exercise, nutrition, and traditional gardening.

9:30-9:55

**Shiprock Community**

*Adolescent Sexual Health in Shiprock, NM*

By Amber Laughing, Kalvina Belin, and Breanna Lameman

This program focuses on increasing knowledge and awareness about positive sexual health for adolescents in Shiprock.

9:55-10:20

**Pinon Community**

*Mental Wellness in Pinon, AZ*

By Adrian Tsosie, Charlotte Armstrong, and Ariel Shirley

This program focuses on adolescents and coping mechanisms through utilizing cultural identity to increase mental health and resilience.

10:20-11:05

**Window Rock Community**

*Postpartum Health*

By Amber-Rose Waters, Jordan Upshaw, and Marlinda Haudley

This program focuses on the prevention of postpartum weight retention among Navajo women through a unique mentoring program aimed to incorporate nutrition, physical activity and weight management.