



## Undergraduate Student Webinar: Summer Health Research Experience Opportunity!

### National Native Health Research Training Initiative Webinar Series: *Indigenous Health Research - Mentoring Future Health Leaders*

Please join the Native Research Network, AIHEC, AISES, and the Indian Health Service for the second in a short series of webinars offered through the National Native Health Research Training Initiative:

#### The Diné College Summer Research Enhancement Program

NNHRTI Webinar #2

Tuesday, January 16, 2018

4:00 p.m. – 5:00 p.m. EST (3:00 p.m. CST; 2:00 p.m. MST; 1:00 p.m. PST)

#### Learning Objectives:

- Identify the benefit of a summer research training program at a Tribal College.
- Explain how to incorporate traditional native philosophy within a summer research training program.
- Recognize diverse Native student summer research training program experiences.

The Summer Research Enhancement (SREP) is a component of Diné College's public health program that explores and teaches a resilience approach to public health practice in Native communities, while striving to enhance the resilience of the students themselves. Elements of the program are designed to strengthen cultural identity and connectedness with community, and to develop self-confidence and self-efficacy. SREP students incorporate elements of resilience into their public health research experience, their capstone presentations and their digital stories of individual and community resilience. SREP is structured on the four values of the Diné Educational Philosophy: *Nitsáhákees* (thinking), *Nahat'á* (planning), *liná* (living) and *Sihasin* (assuring). SREP is a 10-week program designed to prepare Native American undergraduate college students for careers in public health and health research. This webinar will introduce you to a former SREP student and SREP faculty; share an example digital story; and outline the program's three stages:

Stage 1: Intensive 3-week training in Public Health Research Methods at Diné College, Tsaile, AZ campus

Stage 2: Six-week mentored internship in student's home community

Stage 3: One week data analysis workshop and presentation at Diné College

#### To Participate:

Join URL: <https://zoom.us/j/796560431>

Or Telephone:

Dial (for higher quality, dial a number based on your current location):

US: 1-669-900-6833 or 1-646-558-8656 Meeting ID: 796 560 431

### Presenter Biographies

**Heather Dreifuss**, MPH, is a doctoral candidate in Public Health at the University of Arizona and serves as an evaluator for a SAMHSA HIV/HCV/Substance Abuse prevention grant with Diné College on Navajo Nation. Ms. Dreifuss earned a Bachelor's degree from Kenyon College, a Master's in the Arts from Pacific University, and a Master's in Public Health from the University of Arizona. Ms. Dreifuss coordinates SREP, developing curricula, facilitating and supervising research education and practicum experiences for undergraduate American Indian (AI) students. Ms. Dreifuss specializes in curriculum design, interactive and experiential teaching strategies, and enhancing learning communities with adolescents and adults. As an emerging public health researcher, her interests are in building effective community-based public health education programs and culturally relevant research capacity among young adults in both low-income settings including indigenous and international contexts

**Carmella Kahn**, MPH, (Diné) is a Doctor of Public Health candidate at the University of Arizona Mel & Enid Zuckerman College of Public Health. Her research focus is food systems and AI resilience. For over 10 years, she has worked on community based participatory research projects with AI communities. Her expertise includes curriculum development, project management, and program design and implementation. She was the principal investigator of a gardening project for urban AI youth, a research assistant for AI youth and family wellness programs in Tucson, and a research assistant for an elders' resilience project. For the past three years, she has assisted in developing curriculum and co-teaching SREP courses.

**Christine Haswood** is an undergraduate student at Arizona State University (ASU). Christina was born and raised in Lawrence, Kansas. She graduated from Haskell Indian Nations University with a degree in Community Health in 2014. She transferred to ASU in 2015 to pursue a Bachelor of Public Health degree. She will graduate from ASU in Spring 2018 and hopes to advocate for Native American healthcare by conducting her own research and creating state and federal policies to reduce Native American mortality and morbidity rates. Her recent past research includes suicide in AI adolescents in Arizona and on the Navajo Nation; suicide prevention on the ASU Downtown Campus; and Body Positivity on ASU Downtown Campus. Christina's other interests include program planning, management, data analysis, evaluations and health policy. Christina plans to work at the national or international level, advocating for AIs and other indigenous populations and their rights to healthcare and healthy living.

**SREP Application:** Students can download applications to SREP at:

<http://www.dinecollege.edu/institutes/SREP/srep.php>

**Due Date:** March 9, 2018

### **For more information contact:**

Summer Research Enhancement Program

Mark C. Bauer, PhD                      505-368-3589      [mcbauer@dinecollege.edu](mailto:mcbauer@dinecollege.edu)

Heather Dreifuss, MPH                503-502-0766      [heatherdreifuss@email.arizona.edu](mailto:heatherdreifuss@email.arizona.edu)

## American Indian Higher Education Consortium



The American Indian Higher Education Consortium (AIHEC) is the collective spirit and unifying voice of our nation's 37 Tribal Colleges and Universities—a unique community of tribally and federally chartered institutions working to strengthen tribal nations and make a lasting difference in the lives of American Indians and Alaska Natives

<http://www.aihec.org/>

## Native Research Network



Established in 1997, the Native Research Network, Inc. (NRN) is a leadership community of American Indian, Alaska Native, Native Hawaiian, and Canadian First Nations promoting integrity and excellence in research. NRN advocates for high quality research that is collaborative, supportive, and builds capacity. NRN promotes an environment for research that operates on the principles of integrity, respect, trust, ethics, cooperation, and open communication in multi-disciplinary fields.

<https://www.nativeresearchnetwork.org/>

## American Indian Science and Engineering Society



Founded in 1977, the American Indian Science and Engineering Society (AISES) is a national, nonprofit organization focused on substantially increasing the representation of American Indians, Alaska Natives, Native Hawaiians, Pacific Islanders, First Nations, and other Indigenous peoples of North America in science, technology, engineering and math (STEM) studies and careers.

<http://www.aises.org/>

## Indian Health Service



The Indian Health Service (IHS), an agency within the Department of Health and Human Services, is responsible for providing federal health services to American Indians and Alaska Natives. The IHS is the principal federal health care provider and health advocate for Indian people, and its goal is to raise their health status to the highest possible level. The IHS provides a comprehensive health service delivery system for approximately 2.2 million American Indians and Alaska Natives who belong to 567 federally recognized tribes in 36 states.

## AZ Indians into Medicine



The goal of the AZ Indians into Medicine program is to develop collaborative partnerships with tribal nations, K-12 school districts, community-tribal colleges, universities, and health professional schools to recruit, support, and encourage Native American students to enter and succeed in the health professions at the Arizona Health Sciences Centers (Colleges of Medicine, Pharmacy and Public Health).

<http://inmed.medicine.arizona.edu/>



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