



CO-CURRICULAR ASSESSMENT REPORT

SECTION 1 CONTACT AND PROGRAM INFORMATION

Timeline of Report	Fall 2024-Summer 2025
Name(s) Include all persons completing this report	- Supervisor: Clarissa Bowman & Thomas Bennet - Staff: Colleen Smith, Health Promotion & Education Coordinator
Dine' College Mission	Rooted in Diné language and culture, our mission is to advance quality post-secondary student learning and development to ensure the well-being of the Diné People. Diné bina'nitin t'áá ñiyisí á siláago binahjí', olta'í na'nitin náasjí' yee ínááhwiidool'álgíí yéego bidziilgo ádiilníł, áko Diné nilínígíí t'áá atso yá'át'éehgo bee bił nahaz'áa dooleel niidzin.
Student Affairs Domain Mission	The Student Engagement and Leadership Unit provides intellectual, social, and co-curricular activities for students through inclusive interaction and leadership in diverse organizations and programs.
Dine' College Strategic Goal	Campus Health & Wellness: Strengthen, reinforce, and increase student and employee engagement in health and wellness. - Networking: Build and expand partnerships to promote campus wellness and increase productivity and performance. - Co- curricular Activities: Create a safe, holistic, healthy environment with resources to reduce risk and harm reduce mental, physical, emotional, and spiritual health and safety through prevention and intervention. - Financial Health: Strengthen financial health and ensure financial stability to support institutional growth.
Grant Goal	Title III Grant Funding - Boost student access & engagement - Activating student learning pathways - Promoting students' awareness of College finances and affordability
Program's Annual Budget	Title III funding
Target Population	Dine College Student, Prospective Dine College Students, Staff

SECTION 2 ASSESSMENT PLAN

PROGRAM STUDENT LEARNING OUTCOME: 1

Students will **increase their knowledge** within the health topics of nutrition, mental health, physical health, sexual health, disease prevention and substance abuse; after participating in the health and wellness program.

Budget	Presenter, Program Name	Title of Activity	How the PSLO will be measured and what's being measured?	Measurement Tool
\$0	Student Heath & Wellness	Monthly Awareness Newsletters/ Health Initiatives	Pre- Survey (pre-knowledge) Feedback survey	Airtable; Email;
\$0	Indian Health Service- Public Health Nursing, Health Promotion and Disease Prevention Navajo Department of Health- Community Health Educator Dine College Associate- Zumba Instruction	Wellness Day Booth Setups- Set the students up for a healthy semester. Health screenings for disease prevention sexual health & physical health, Mental Health and Suicide Prevention: vaccines, health measurements, STI screenings, and education on safety gun prevention. HPDP will hold a booth on nutrition facts and equip college students with healthy snack ideas for college students. NN Department of Health- Health Educator to present on vaccine knowledge and spread current awareness on disease surveillance within the community -disease prevention (respiratory illnesses, STI disease, etc). DC College Associate- Will lead a 1-hour Zumba session for Dine College Students and staff.	Attendance, Post survey, Bingo Activity Notes: Booths will be set up to educate each student on the hosting programs. Booths and each health program will inform students on nutrition, mental health, physical health, sexual health and disease prevention Each student who participates will be able to increase their knowledge about each health topic listed in the learning (1) outcome. Zumba will assist students with physical health and the importance of movement Information booths, program handouts	Paperform to collect attendance, survey and activity. *Airtable wasn't not available at that time*
\$0	Student Health & Wellness	Information Booth Set Up- Site Visits Introduction of program and will handout health information from IHS.	Attendance, Survey	Airtable- Attendance Airtable- Survey (needs assessment)

\$0	Miranda Bekis, Indian Health Services	IHS- Substance Abuse Presentation	Will ask Presenter for 5 questions on topics she will be presenting. Will embed into a survey question.	Airtable- Sign in Sheet Airtable- Post Survey
\$0	Toney Johnson Jr., NMDOH	NMDOH- Alcohol Abuse Presentation	Will ask Presenter for 5 questions on topics she will be presenting. Will embed into a survey question.	Airtable- Sign in Sheet Airtable- Post Survey
\$0	Soberta Bitsui, Family Crisis Center	Family Crisis Center- Intervention and Prevention	Will ask Presenter for 5 questions on topics she will be presenting. Will embed into a survey question.	Airtable- Sign in Sheet Airtable- Post Survey
\$0	Laura Martinez, R.N., Northern Navajo Medical Center, Public Health Nursing Department	QPR Training Class	Will ask Presenter for 5 questions on topics she will be presenting. Will embed into a survey question.	Airtable- Sign in Sheet Airtable- Post Survey
\$400.00	Student Health & Wellness Department, Dine College Navajo Nation Health Education Program, Navajo Nation Department of Health	Men's Health Conference	Will ask Presenters for 5 questions on topics they will be presenting. Will embed into a survey question.	Microsoft Survey- Sign in Sheet Microsoft Survey- Post Survey

**PROGRAM STUDENT
LEARNING OUTCOME: 2**

Students will be able to *apply* strategies for managing stress, depression, and anxiety, including physical activity, healthy eating, adequate sleep, and seeking professional support/medical care when needed.

Budget	Presenter, Program Name	Title of Activity	How the PSLO will be measured and what's being measured? (data collected)	Measurement Tool (airtable, google docs)
\$391.57	Capacity Builders	Mental Health First Aide Training	Attendance, Post Survey	Airtable
\$0	Student Health & Wellness	Stress Management	Attendance, Post Survey	Airtable
\$0	Student Health & Wellness	What's a healthy support system?	Attendance, Post Survey	Airtable
\$0	HPDP Nutrition/ Community Outreach	Education on diet and exercise to improve physical health (hiking, biking, ropes course)	Attendance, Post Survey,	Airtable
\$0	Student Health & Wellness	My Heart Health and what are the risks! (TBD)	Random Questions using quizlet; post survey Newsletter content	Sign in sheet, post survey
\$0	Student Health & Wellness	Self- Care Presentation	Attendance Post Survey	Paperform sign-in sheet

			Observation (write in notes on students feedback- summarize)	Airtable- Post survey
\$0	Student Health & Wellness	Wellness Wednesday Series Remain Calm Session Ear Seeds, Aromatherapy, Smudging Additional Information: How to take a test? Tools one can use to student for a test.	Attendance, Post Survey, Will be able to list ways to use tools presented to manage emotions and know when to seek medical as needed.	Airtable- Sign in Sheet Airtable- Feedback survey
\$0	Student Affairs Team / Wellness Team	Fun Run & Walk Did not host	Sign in Sheet/ Survey- Feedback Sheet	Airtable- Sign in Sheet Airtable- Feedback survey
\$0	Student Health & Wellness	Sleep presentation	Students will be able to recognize and keep a journal of their sleep schedules.	Airtable- Sign in Sheet Airtable- Feedback survey
\$0	Student Health & Wellness/ Advising Department	"Mindfulness/ Distressing at Work"	Sign in sheet/ Survey- Feedback sheet	Airtable- Sign in sheet Airtable- Feedback survey
\$0	NMDOH	Sexual Health- Condom Program	Increase knowledge of sexual disease and support students with STI/STD prevention strategies. To be able to seek resources when needed.	Airtable- Count keeper
\$0	Student Health & Wellness/ Warrior Parent Program	Speaker Talk Series: Ha K' ei- Baa'ahaya- Talking Care of Your Family	Increase knowledge of traditional teachings, prevention of domestic violence, substance abuse/ misuse and alcohol prevention.	Airtable- Sign in sheet Airtable- Feedback survey

SECTION 3: DATA ANALYSIS

PSLO #	Fall Semester What did you learn from the data patterns?	What decisions or actions will the program take because of those findings for the spring semester?	Spring Semester What did you learn from the data patterns?	What decisions or actions will the program take because of those findings for the new fiscal year?
Sample	Participation Trends: 80% of the students who participated in these activities were Junior Students.	Was your targeted population met and if not, how can this be improved?	Participation Growth: 90% of the students who participated in these activities were Junior Students. Attendance increased by 10% compared to fall semester.	Will this PSLO change for next year? If yes, explain the reason.
1.				
2.				
3.				
4.				

SECTION 4: VALUABLE ASSESSMENT-RELATED ACTIVITIES FOR PROGRAM REVIEW

Questions	Feedback
Describe assessment work your program conducted that was not directly related to assessing PSLOs. This may include things like curriculum mapping, revising an assessment measure, revising PSLOs, incorporating assessment discussions into program meetings, rubric norming, market analysis, introducing community-service options into the curriculum, etc.	
Describe how the program used insights gained from assessment to integrate academic services into student learning. Examples include faculty-led workshops, cross-disciplinary learning opportunities, collaborative projects with other academic departments and	

linking academic learning with non-academic student development.	
Describe how the program used assessment insights to collaborate with academic programs. Examples include an early alert system, studies on key issues of student learning, professional development activities, and program development partnerships, etc.	
Notable program accomplishments, e.g. grants, staff publications, program proposals, etc.	

SECTION 5: ASSESSMENT MATERIALS

Highlight all relevant assessment-related items the program has developed. Please store those documents on Microsoft Share Point Co-Curricular Program Assessment Site.

- Curriculum Map
- Student or Program Handbook
- A program-level conflict-resolution policy for students
- Direct measures e.g. rubrics, internship supervision evaluation forms, etc.
- Indirect measures e.g. surveys, student feedback forms, etc.
- Products from assessment meetings or retreats, e.g. revised assessment plans, documents, measures, or handbooks, etc.
- Other (please specify): _____

SECTION 6: ASSESSMENT SUPPORT

Questions	Feedback
What resource needs have your assessment efforts revealed?	Select all that apply: ○ Facilities ○ Human Capital ○ IT/Software ○ Professional Development ○ Other (please specify): _____
Please explain your selection in the previous question.	

Please describe your program assessment challenges and how the Office of the Vice President and the Office of Assessment can support you.

Thank you for completing this report.

Report will be stored and archived on Microsoft SharePoint Co-Curricular Program Assessment Site

Co-Curricular Assessment Reporting Review Rubric

Co-Curricular Assessment Reporting Review Rubric					
<i>This rubric is designed to evaluate the status of your program's co-curricular assessment efforts, as outlined in the annual co-curricular assessment report. Our goal is for this evaluation to contribute to discussions that drive meaningful program improvement and development.</i>					
	The program:	Yes	Somewhat	No	Comments
1.	Developed clear and measurable program student learning outcomes (PSLOs).				
2.	Aligned PSLOs to Program Goals: Dine' College Strategic Goals and Grant Goals (is applicable)				
3.	Data collected represents the targeted population				
4.	Clearly identified the activities used to assess each PSLO.				
5.	Indicated how each activity was measured				
6.	Described the data patterns and findings from the data analysis for each PSLO evaluated.				
7.	Shared what the program learned from the data patterns for each PSLO analyzed.				
8.	Described decisions or actions it will take because of the findings for each PSLO analyzed.				
9.	Described assessment activities that were not directly related to assessing PSLOs.				
10.	Explained how the program used assessment insights to enhance student learning by integrating academics and collaborating with the academic programs.				

11.	Explained how the program used assessment insights to collaborate with other co-curricular programs .				
12.	Shared notable program accomplishments.				
13.	Has developed assessment-related items such as a curriculum map, program handbook, a conflict-resolution policy, direct and/or indirect measures, etc..				
14.	Made clear connections between assessment efforts and its resource needs.				
15.	Overall, the program appears to have implemented a clear assessment process that is sustainable and meaningful to the program.				

General Comments: